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FOR MY PATIENTS HAVING SURGERY:

In order to achieve the best possible outcome I would like you to consider...

If you are a smoker, please try to either quit or reduce the amount you smoke before your surgery.

If you are overweight, please try to lose weight before your surgery.

I fully understand these are difficult to do, but I ask you to try your best.

I look forward to taking care of you.

(5-17)

A handwritten signature in black ink, appearing to read "S. Harwin", written in a cursive style.