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Pre-Operative Testing Requirements - GIVE TO YOUR PRIMARY CARE DOCTOR

Our mutual patient is scheduled to have elective surgery performed by me at Beth Israel Medical Center. The patient told us that the pre-op clearance and testing would be done by you. I have asked the patient to contact you and tell you the exact date and type of operation scheduled. The patient will also give you our Pre-Surgical Clearance form.

Please fax the clearance and lab results to our surgical coordinator, Lucy Padilla, at (718) 655-3047

- **Lab tests, EKG and Chest X-Ray results are valid for *1 year* unless the clinical picture has changed**
- **The History & Physical is valid for only *30 days*.**
- **Results must reach us at least *3 business days* before the surgery so that we can forward them to the hospital on time. It must reach there 2 days before the operation otherwise the *hospital* will automatically cancel the surgery. Since this rule is rigid and there are no exceptions, we ask your understanding.**

The following are the minimum requirements. More studies may be done at your discretion.

- **Males less than 40 years old:** History and Physical Exam (H&P) + CBC
  - ***EKG, Chest X-Ray and other lab tests are not required unless the patient has a cardiac, pulmonary or other medical problem***
- **Females over the age of 14:** H&P + CBC + Pregnancy Test (if not post-menopausal).
  - ***EKG, Chest X-Ray and other lab tests are not required unless the patient has a cardiac, pulmonary or other medical problem***
- **Males over 40:** H&P + CBC + EKG
- **Females over 40:** H&P + CBC + EKG + Pregnancy Test (if not post-menopausal)
- **For Joint Replacements, all patients need to have:**
  H&P + CBC + SMA-20 + Pro-Time + INR + PTT + Urinalysis + Pregnancy test (if of child bearing age).
  - ***Chest X-Rays are not required for patients over 40 and for joint replacement patients unless there is a history of pulmonary disease or some other medical problem***

Thank you for your cooperation!

Steven F. Harwin, MD, FACS *(2/09)*